

UCMC Caving Trip

WHEN & WHERE:

Nov. 22 / Meet at UCMC gear shack at 8:00am Saturday—**sharp**. Return by midnight or next morning for overnight folks.

Where: To be announced

EMERGENCY CALL IN NUMBER:

If we are delayed in returning, this person will have the latest information on our whereabouts and estimated return time. Cindy Kessler: 683-7527.

HOW:

By car. There is a 2 - 3 hour drive to the cave. If you wish to volunteer a car, let us know.

WHAT YOU NEED:

- Caving Helmet & Light (get from UCMC Gear Trailer)
- Alkaline batteries for head light.
- Cave Pack for every two persons.
- Second source of light (small flashlight for a backup)
- Money for gas & food (dinner).
- Old clothes for caving: (Inside temperature is about 50° F.
 - Jeans (with poly-pro liner if possible),
 - T-shirt or poly-pro top and sweatshirt,
 - wool socks, and
 - unlined cotton gloves are best.
 - Gym shoes are adequate but boots are better -- however, don't wear treadles shoes or good hiking boots because they will never be the same!

Everything will get very muddy, so dress with that in mind.

- Kneepads (such as the soccer type)
- A small water bottle.
- A light Brunch should be eaten before entering cave. **Also, non-crushable snacks for in the cave are nice.**
- Plastic garbage bag (large) to put dirty clothes in after caving.
- **Dry, clean clothes to put on (including shoes)! Bring a towel.**

IF YOU HAVE ANY QUESTIONS PLEASE CALL:

Bob Kessler 683-7527